



These are the B.A.H.A. badges that you can purchase from Debbie McCann for the sum of £3.50 each plus £1 for postage and packaging. The badges shall be posted when Debbie has received your payment. If you need any replacement Codes of Conduct these can also be purchased from Debbie at a cost of £5 each plus postage and packaging. Remember to send cheque or postal order along with your order.

Looking at what is happening in our world today, we hope that most of you would agree that as well as healing we need to bring more light into the universe in order to bring back peace and harmony. With this in mind we wondered if you have heard of the following prayer, which is about invoking love, light and peace.

The Great Invocation

From the point of Light within the Mind of God
Let light stream forth into the minds of men
Let Light descend on Earth.

From the point of Love within the Heart of God
Let Love stream forth into the hearts of men.
May Christ return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men -
The purpose which the Masters know and serve.

From the centre which we call the race of man
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan of Earth.

(whoever you see your God to be)

What is happening in your Area?

This is indeed your Newsletter. We hope you like the new format. Should you have any news or events happening in your area we would love to hear about what you have going on. Please give plenty of notice as at the moment we envisage producing these newsletters quarterly. At the AGM there was talk of possibly setting up a Facebook page. It was felt that this would be a positive move in promoting the LAH and the healing movement in general.

What do you feel about this idea?

Book Reviews

Have any of you read anything regarding healing/spiritualism that you felt was inspirational and you felt that others would also enjoy reading. If so let us know, for example:

A few of our colleagues have recently read *The Life of Billy Fingers*, which is about a woman whose brother contacted her from Spirit. She had never had any Insight into Spiritual matters and Healing prior to this. This book is a light read, both enjoyable and inspirational to people of all beliefs.

I have just started reading the *Life of a Light Worker* by Doreen Virtue. I shall give you my review in the next newsletter— Jo Kendall.

Please, Please, Please let us know your thoughts on the newsletter and any articles, poems, book reviews and news in general that you would like recording in future editions. **THIS IS YOUR NEWSLETTER!** Become involved and voice your preferences.

Looking forward to the influx of feedback.

Love and Light from Deyarna and the three Musketeers from Hull.

LINCOLNSHIRE ASSOCIATION OF HEALERS



August 2016

Welcome to our first newsletter! Thanks to Deyarna for everything passed to us that she had compiled by her own fair fingers on her new laptop, that was delivered to her residence on Christmas day.

Since the A.G.M. Deyarna has handed this duty over to the three Musketeers' from Hull.

Thank you for your patience during changes to our committee members.

On behalf of you all, I would like to thank Christine for her magnificent work as secretary (plus membership) she truly has been a stalwart at the helm of LAH, resolutely steering us through many years of development and growth, alongside Jim of course. Thank you both.

My next thanks go to Debbie for giving Christine the chance to let go a little. Debbie is already on the ball and will prove to be admirable at administration and support. Christine will always be our fountain of knowledge due to her experience and together LAH will move forward.

Email from Christine:- *I would like to thank you all for the beautiful flowers I received today they were a big and beautiful surprise. I was glad to have helped the LAH over the past 20 years, may I wish Brownie and the rest of the committee every success in bringing the Association into the 21st century. Please convey my thanks to everyone. Love and Light Christine.*

Georgie has taken on a new role as BAHA representative, shadowing Jim for a while, good for her and thank you Georgie.

Our grateful thanks to Jay who efficiently produced our newsletter for years. We have all enjoyed her quips and smooth wit and wish her well in whatever she does.

I must mention Bob and Pam whose friendship and love continues to carry LAH in the forward position although more quietly now in the background. They are always willing to advise, steer or just listen, and invaluable help always, thank you. I know they have waited with baited breath for this newsletter. So thank you to our members, friendships, challenges, adventures together and alone. Let us keep the lines of communication open.



From **"The Living Word"** by Eileen Caddy

Go forward and upward, Always reaching for the highest

Life is movement, It is change, It is growth.

No soul can remain in the same state all the time.

Nature can not remain static. It is ever changing

and expanding

Growing from one stage to the next. The acorns grow to a mighty oak.

The bulb grows and produces beautiful flowers. The seed of corn produces wheat.

Change is taking place all the time. Do not resist change

But flow with it Accept it.

It may not always be comfortable. Be willing to accept a little discomfort

So that the glorious new can evolve in and through you

Transforming you into a new being. Filled with Light,

Love and Inspiration

Lovely encouraging words to instill into young and old minds. A wise person once told me that you only regret the chances you did not take. Sometimes the fear of failure and the fear of not being good enough prevents us from even trying. Being comfortable in your own skin, being assured that we are enough, being true to ourselves, is enabling. **"WE CAN"**

If anyone has a piece of prose, or a poem that you would like to share, do send it to us, whether you have written something yourself or read it somewhere, let us know your thoughts and feelings and we will include them in the next newsletter. We would like to thank Barbara Lonsdale from Lincoln for her piece for our next newsletter.

Jo at - kendall 1970@hotmail.com

Rita at - rita.lawrie@hotmail.co.uk

Vanessa at - catvan13@outlook.com

Have you heard of **"THE CYGNUS BOOK CLUB"**, an excellent way of acquiring insightful books on many subjects such as health and consciousness, spiritual wisdoms, mindfulness, connecting to the environment, angels, healing etc. If you are interested please take a look at

Cygnus Book Club 359 Goswell Road, London EC1V 7JL.

www.cygnusreview.com.

Tel: 02078594375

Louth Community Spiritualist Centre have recently held two workshops, Healing the L.A.H. way. These have been run by Mr Rowly Elliott (tutor, healer). As a result four new students have registered as probationers with the L.A.H. which is very encouraging. The good news continues as a second batch awaits, and there are more prospective students are on the horizon. Also, there are three more potential tutors stepping up to the mark. We look forward to them upgrading soon. Louth is a very active centre which is a testament to the beautiful energy they all hold. Well done everybody and a warm welcome to new healers.

Congratulations to all new healers who have joined, upgraded and renewed with the L.A.H. and have not yet had a mention in the newsletter because it has not been produced lately due to a long list of excuses not necessarily all valid. Thankfully patience is a virtue on your part and mine as you are now aware I have found three willing ladies from Hull to produce the newsletter.

What is Holistic?

Holistic is looking at the "Whole Person" We cannot separate Mind, Body and Spirit.

Plato said "The cure of the part should not be attempted without the treatment of the **whole**"

Healing works from the inside out. Medicine from the outside in.

Independent research for Crime and Justice found that Healing has changed violent behavior in prisons.

HEALING:- is a gift for everyone, requiring us to take personal responsibility for ourselves, asks us to cultivate patience, openness, forgiveness and love in order to move beyond our immediate suffering.

Positive Outlooks

When life gives you a hundred reasons to break down and cry, show life that you have a million reasons to smile and laugh.

Stay Strong!

Light Quiz!

What is a Chakra?

- A. A nutritional drink
- B. A new Sleep device
- C. A vortex of energy

What is the emotion of the Crown Chakra?

- A. Laughter
- B. Anger
- C. Bliss

What is the function of the root Chakra?

- A. The will to express
- B. Opening up to our higher potential
- C. Survival, will to live, grounding

Where does the term Chakra come from?

- A. Chinese
- B. Native American
- C. Indian

Answers shall be given in the next edition of our newsletter.

Any budding quiz masters out there, we shall be grateful to receive any questions for future quizzes on any subject.