

## BEAUTIFUL PEOPLE

The most beautiful people we have known, are those who  
 have known defeat, known suffering,  
 known struggle, known loss,  
 And have their way out of the depths,  
 These persons have an appreciation, a sensitivity,  
 And an understanding of life,  
 That fills them with compassion, gentleness,  
 And a deep loving concern.

**Beautiful people do not just happen!**

### Al Cunningham

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The answers to the Christmas quiz were **A B C A**

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### RENOWNED HEALER CAN CONTINUE HER WORK

Shelagh Thomas, a fellow member whom we met at last year's AGM, spoke of her battle to keep the Louise Centre open due to lack of support. Her battle has been successful as she has received funding from **The Gardiner Hill Foundation**, enabling the **Louise Centre of Natural Healing** in Grimsby to remain open. See enclosed article.

We would like to congratulate Shelagh on her success and may their doors remain forever open.

If you would like to visit Shelagh and her fellow healers, the centre can be found at **47 Newmarket Street, Grimsby DN32 7BP Tel: 01472 242545**

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**Please fellow healers share your healing groups news and service times.**

Our next newsletter shall be in August so please send correspondence to:-

Vanessa Johnson – [CATVAN13@outlook.com](mailto:CATVAN13@outlook.com)

Jo Kendall – [kendall1970@hotmail.com](mailto:kendall1970@hotmail.com)

Rita Lawrie – [rita.lawrie@hotmail.co.uk](mailto:rita.lawrie@hotmail.co.uk)

## WELCOME NEW MEMBERS

These are the new members that have joined since the last newsletter

Mr Nigel Cave 137A (Bourne)

Mrs Stella Gray 138A (Peterborough)

Mrs Suzanne Stevenson 139A (Peterborough)

Welcome and enjoy your training over the coming months

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CONGRATULATIONS TO THOSE WHO HAVE UPGRADED

TO FULL HEALER STATUS SINCE THE LAST NEWSLETTER

Tara Hewson 111A (Grimsby)

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Welcome also to Simon Blyth 136A (Louth) who has joined us from another organization

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### SAD NEWS FROM DEBBIE

After much deliberation, I have decided that my time as Secretary/Membership Secretary must come to a close. I am therefore resigning from these positions. Nomination forms will follow along with notification of the AGM in the next few weeks. I am happy to assist/advise whoever takes over the roles but due to personal reasons I am unable to commit to continuing in position for another year.

Kind Regards

Debbie

**We would like to take this opportunity to thank Debbie for all her hard work and wish her well.**

## LINCOLNSHIRE ASSOCIATION OF HEALERS



**April 2017**

A warm spring greeting to you all! We hope your year started on a positive note and may the seeds you planted last year begin to bloom.

Can't believe we are a quarter of the way through 2017 already! The AGM shall be upon us soon. We look forward to meeting up with everyone again and hopefully with other members of the LAH.

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This year Easter falls in April, so as we enjoy our Easter eggs and hot cross buns may we reflect on Jesus Christ, who in the Christian Faith was indeed a healer that laid his hands on the sick.

### **EASTER IS THE GIFT....**

***Easter is the gift of HOPE***

***Easter is the gift of PEACE***

***Easter is the gift of LOVE***

***Let us rejoice in Him,***

***Who gives them all.***

***May God bless you at Easter,  
And keep you all year through.***

***May God give you all the faith it takes,***

***To make your dreams come true.***

***May His love and wisdom always help,***

***To guide you on your way.***

***May His light shine down upon you now,***

***To bless your Easter Day.***

## LETTER RECEIVED THROUGH THE POST

As with a number of people, I do not deal with the internet. I feel certain that there are a few in the LAH just like me. I have your name and address thanks to a mutual friend.

I think the newsletter should be telling us what is going on, where and what time, a telephone number would also help.

I think that meeting and talking could be a gateway to becoming better healers. Passing the assessment, does it make a Healer? You have to have Code of Conduct, but it doesn't heal people. I think you start to become a healer after the assessment. I know my ability has changed, my mind thinks differently. When you meet somebody at the wrong end of life, I know I want to be trying to make things better. I believe a warm smile, a carefully held hand, a cup of tea, a few words and you are on your way to healing.

I had my first memorable healing in 1970` No hands were put on me, the glow I felt was **out of this world** . I had to tell people about it. I never met that healer again in any meetings.

One Saturday evening at another meeting three men entered about about 9pm when the Scottish pubs closed, one was a dock worker but all were healers. One came to me and told me to sit with my legs across a couple of chairs. He told me a lot about my legs and I finally had two ops sometime later. He also never laid a finger on me. I have also read the book about the Harry Edwards Healing Sanctuary down in Surrey.

Three types of healing in different parts of the U.K? So I ask myself is what I do good enough? Can I do better, I feel inspired to try. How many ways can healing be done? I feel certain there are many. I know students with abilities that I haven't got, there is room for all of us doing our best.

Proof to myself about healing, I go back to when I first became a member of the LAH. I haven't experienced a miracle but with confidence I can say my health is on the plus side as gently time goes by.

Don't get your healer's badge then relax, work your mind you may be a rising star, there is plenty of knowledge to gain.

I hope you can get enough to keep the newsletter going.

## THE MAN IN THE GREENHOUSE

If you have any information that you would like to share and are like the man in the greenhouse and would prefer to send it through the post please send to this address:-

**Joanne Kendall  
71 Ladyside Close  
North Bransholme  
Hull  
HU7 5AB**

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## WHERE THERE IS LOVE

Where there is love the heart is lighter,  
Where there is love, the day is brighter,  
Where there is love, there is a song to help when dreams  
are going wrong,  
Where there is love, there is a smile to make to make our  
work seem more worthwhile,  
Where there is love, there is a quiet peace, a tranquil  
place, where turmoil's cease,  
Love changes darkness into light and makes the heart  
take wingless flight,  
O blessed are those who walk in love, they also walk with  
God above,  
And when man walks with **God** again there shall be peace  
on **Earth for Man**  
When there is **Love**

**Sian Jones**

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## HEALING WORKSHOPS

Last year, whilst attending a Divine Service one Sunday in our church I became aware of how many new, and younger, people were attending in our slowly but surely increasing congregations. I also remembered that we haven't had any new student Healers coming through for a couple of years. I realised that if people don't know what's involved in being a Healer then the unknown,

combined with the "responsibility" they may perceive, might put them off.

So I decided to do something about it and create a workshop titled "Introduction to Healing" that would give them an understanding of Healing in the L.A.H. way, and a chance to practice in order to experience giving and receiving Healing. I liaised with Hilary Gloyn our Healing Group Leader and came up with a workshop consisting of two, two hour sessions separated by a week. It includes a brief on the L.A.H., some philosophy, the purpose of the opening prayer, "linking-in", the short prayer at the start of the healing, and practice with a partner. The second week reinforces the first, but this time with music and a couch so that they have experienced most aspects of the healing that we do in our church. The students are also given a brief on the documentation/registration aspects and the Code of Conduct.

For each of these two sessions I had an assistant, which was invaluable, not only in the practical sense but because I asked them to interrupt with their views when they felt necessary – which they did. This shows to the student that although we operate within a set of parameters within our healing, healing is not a rigid procedure. We are all individuals vibrating at a slightly different frequency, which means that we all see it a slightly different way, and therefore have our own individual views on things – it is neither right nor wrong, it's just the way it is. So many thanks to my two assistants on these workshops – Sarah Parsons and Gilly Sear – without whom, they would not have been as effective.

The first workshop in April had seven attending and was very successful, generating enough interest to hold another workshop in May, also successful. The upshot of this is that we now have four applications for student status Healers forwarded to Debbie, of which two are now practicing in our church. I have really enjoyed generating and giving these workshops and am quite willing to bring them, as a package, to any centre within the L.A.H. area for expenses only. If anyone would like to take me up on this offer then please contact me on **01507 601828** and we can take it from there.

Love and Light - **Roly Elliott**



NEWS

# Town Healing centre saved from closure

## Fresh support means renowned healer can continue her work

A LIFELINE has been given to an established spiritual healing centre in Grimsby, which was set to close due to lack of support.

The Gardiner Hill Foundation have recognised the contribution and value brought to North East Lincolnshire residents for the past 20 years at the Louise Centre of Natural Healing in Grimsby.

Renowned local healer and former nurse of 35 years, Shelagh Thomas, founded the centre that has provided both spiritual and energy healing since 1997. The team of healers at the centre has treated nearly 5,000 individuals.

The self-funded healing centre faced the threat of closure early this year but support has been provided by the Gardiner Hill Foundation – the charity that enriches the lives of those with mental health problems.

Shelagh, 72, said: "Mental health is an increasing national concern and to address this, the benefits brought by healing are known to be an immense sense of relaxation, loss of anxiety, ease of depression and renewed energy.

"Our goal is to be part of the process of empowering individuals to start

By Abby Ruston

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rebuilding their lives so we're delighted at the lifeline we've been given to continue the work we do to address not only mental health but a full spectrum of conditions.

"Healing never claims to cure but it supports the process of wellbeing, and this is too important to overlook."

Patients seeking healing are registered service users with Navigo, which provides care services for individuals from North East Lincolnshire.

Shelagh is a member of the Lincolnshire Association of Healers, as well as authority on healing, The Confederation of Healing Organisations (CHO) the national charity advancing the practice, understanding and benefits of healing across the UK through latest research, live events and education.

Sue Knight, chief executive of the CHO, said: "Shelagh's immensely important contribution to North East Lincolnshire is a remarkable feat and the results from her patients over the years are testament to the support she

has received to continue.

"For too long Healing has been viewed as esoteric yet we live in exciting times where science now recognises and appreciates the valuable role it plays in individual and societal wellbeing. With mental health an ever-increasing national issue we expect to see significantly more attention given to Healing for the useful role it plays in dealing with this national crisis."

Shelagh's transition from nurse to healer came about in the mid-1990s when she was vice chair of a women's centre.

A healer had been brought in to treat various ailments, which led to remarkable results.

Using a family building she set up the Louise Centre of Natural Healing which, at one point, had five on-site healers, four days a week for residents.

In further recognition for her efforts, Shelagh has most recently been asked to address doctors in Grimsby as part of a mental health forum. This will take place within the coming weeks.



**RENOWNED:** Shelagh Thomas, a local healer who founded the Louise Centre of Natural Healing in Grimsby.